

ECO HORQUETA



Calle Principal Horqueta, 200 mts de Parada la Tina  
Horqueta, Boquete, Chiriquí, Panamá  
[www.ecohorqueta.com](http://www.ecohorqueta.com) / FB IG : @boquete\_natural  
+507-6923-8738 / +507-6997-1797

# *Ultimate Getaway*

*Eco Lodge - Detox Digital -*

*Retreats*





Hi there! Thank you very much for your interest in us!

We are Eco Horqueta, a totally ecological retreat center focused on the total disconnection of the chaos of the city through the reconnection with nature and the four elements that Mother Gaia offers us. It is directed by three women, who came from different paths in life and professions, to one or a simpler life focused on the love of nature and to heal the body, mind and soul of people. The purpose of Eco Horqueta is to give you the opportunity to experience your true self and grow mentally with the gift of the Mystical Mountains of Boquete.

### Our Team



This is Lorraine, she is the mastermind of this concept. is an Estonian-Panamanian cook, specialized in vegan and holistic vegetarian cuisine. The idea of creating a small space to enjoy nature and inspire herself and others through nourishing her body with nature . She will treat you with personalized menus daily, taking care of your dietary needs.

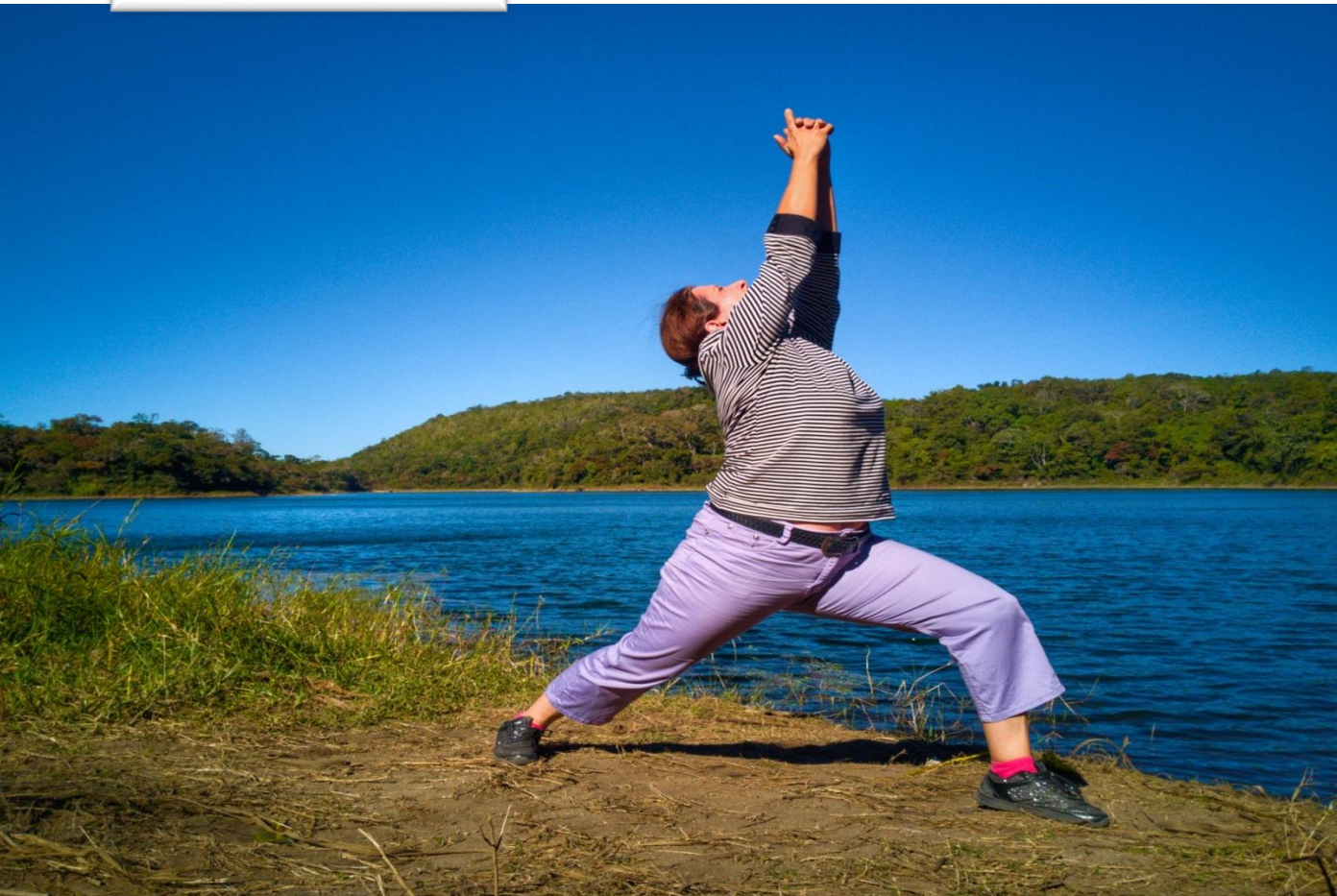




María Jesus Navarro, of Spanish origin, certified in Usui Tibetan Reiki, in Egyptian Reiki and Egyptian Aromatherapy, Pranic Healing, in Equine Therapy and Natural Training, Yoga Instructor, Coaching, NLP, Gestalt, Emotional Management, Motivation, Conscious and Living Food . and Nutrition among other specialties.



Marilin (left), is our third business partner in this project. She is Lorraine's mother and the soul of the place. She is our great host and is like a mother to everyone. Lawyer for over 33 years, but decided to retire early to persuade his full recovery in health and change his lifestyle from the chaotic city life.





# Eco Horqueta

- Located 20 minutes from Boquete.

Four Bungalows with max capacity for two people.

- Privacy and exclusivity guaranteed.
- Ecological Trails
- Yoga Room and Massage Room
- Private Chef for your convenience
- Concep Eco-Retreat, 100% Ecological with limited electricity and Digital Detox focus.



# Yoga Retreat Package

We focus on an exclusive and personalized treatment for all our guests who stay with us. We have a maximum capacity of 8 people (two per bungalow), which makes the experience more enjoyable for all our yoga retreats.

Yoga retreat 6 nights / 7 days

**Dates: March 14th to March 20th, 2020**

## INCLUDES

- Accommodation for 7 days / 6 nights in our bungalows with Twin, Queen or King bed (Capacity for two people maximum).
- All meals included (breakfast, lunch, dinner, snacks) plant-based meals, and customizable for any dietary need (gluten-free, vegan, lactose intolerant).
- Drinks (juices and coffee, herbal tea)
- Transfer from Enrique Malek airport in David, Chiriquí at the time of check in and check out. (pick-up time previously organized).
- Entrance to hiking trails for yoga sessions, and unlimited use of our yoga room and public spaces (reception, dining room, terrace).
- Two complementary tours to holistic places, for outdoor yoga sessions. (Barriles Site, Chiriquí Volcano)
- Yoga mats, incense, candles, accessories





# Prices

ALL-INCLUSIVE PROMOTION PRICE PER PERSON from: \$ 1,400.00 USD  
with local taxes included

| YOGA AND MEDITATION RETREAT SHARED  | TOTAL          |
|---|----------------|
| YOGA RETREAT<br>LODGING FOR A PERSON IN A SHARED ROOM /<br>SINGLE BED OR TWIN. PRIVATE BATHROOM AND<br>PRIVATE TERRACE. 7 DAYS / 6 NIGHTS<br>ALL MEALS AND DRINKS<br>YOGA SESSIONS, MEDITATION<br>TWO HOLISTIC TOURS<br>AIRPORT TRANSPORTATION        | \$1,400.00 USD |
| ONE PERSON TOTAL  | \$1,400.00     |
| YOGA AND MEDITATION RETREAT PRIVATE   | TOTAL          |
| YOGA WITHDRAWAL<br>LODGING FOR A PERSON IN A PRIVATE ROOM /<br>QUEEN / KING SIZE BED/ PRIVATE BATHROOM AND<br>PRIVATE TERRACE. 7 DAYS / 6 NIGHTS<br>ALL MEALS AND DRINKS<br>YOGA SESSIONS, MEDITATION<br>TWO HOLISTIC TOURS<br>AIRPORT TRANSPORTATION | \$2,000.00 USD |
| ONE PERSON TOTAL  | \$2,000.00     |

\*\*\*\* ASK FOR PROMOTIONAL PRICE FOR TWO OR MORE\*\*\*\*

**PAYMENT METHODS,  
TRIPANEER, PAYPAL O BANK TRANSFER**

**BANK ACCOUNT:**

**BANCO GENERAL  
CUENTA DE AHORROS**

**No de Cuenta: 04-48-99-871724-4**

**Nombre: LORRAINE BRIGITTE LILL MONROY**

**A 15% deposit will be requested as a reservation guarantee. Upon arrival at Eco Horqueta the rest of the payment (85%) in cash or credit or debit card is canceled.**

Subject to dates and availability. Prices vary by dates according to season. This quote is valid up to (30) days.

Any change or cancellation to your reservation must be requested at + 507-6923-8738 or through our email [boquetenatural@gmail.com](mailto:boquetenatural@gmail.com) at least 7 days before the date of arrival to the Project providing your key (s) of confirmation. The Project verifies the deposit for the reservation, in order to guarantee the reservation. In case of not receiving the deposit, the reservation will be considered as Not Guaranteed and the Project will not be obliged to respect the stay of the same. If the payment is not made at the time of check-in of the guest or that does not comply with what is established in the previous point, it will be interpreted as a lack of presentation of the guest and will result in the charge for "No Show" in the same terms of the next point. For stays of more than one night, if the guest does not show up at the Hotel on the date and time established for check-in, the "No Show" charge will apply. At the time of booking, the guest accepts that they are aware that Eco Horqueta is a place free of light pollution, hearing, and where it is forbidden to smoke in its surroundings and not to fight within its surroundings. Any offense is penalized.

**ECO HORQUETA**



Calle Principal Horqueta, 200 mts de Parada la Tina  
Horqueta, Boquete, Chiriquí, Panamá  
[www.ecohorqueta.com](http://www.ecohorqueta.com) / FB IG : @boquete\_natural  
+507-6923-8738 / +507-6997-1797